

#### **Know Your Numbers!**

## Please join us at one of our upcoming FREE biometric screening events

Location: [[Client Name]]

2 Cooper St, Camden, NJ 08102

Dates/Times: Wednesday, September 22, 2021

and Thursday, September 23, 2021

8:00 am to 5:00 pm

Get the care you need at [[Client Name]]. Please join us for an upcoming wellness clinic. Receive important health information during your appointment, including your:

- Body mass index including height & weight (BMI)
- Waist circumference
- Total Cholesterol, HDL, LDL
- TC/HDL Ratio
- Triglycerides
- Blood pressure measurement
- Glucose levels

### To sign up for your biometric screening, go to: https://uswemd.com/signup/brians

If you're unable to attend an onsite event, you may also participate in one of two offsite screening options:

- Request a lab voucher to use at a participating LabCorp facility.
- Visit your doctor and submit a physician form—forms
  accessible online or through HR (dates of service from
  November 1, 2020 to October 4, 2021 will be counted).

# Employees who would like to receive the wellness discount will need to:

- Complete a biometric screening by October 4th. Screenings will be administered and scheduled through an outside wellness agency.
- After completion of a screening, employees must take their personal health profile on or before October 11th. Visit www.mymedwellness.com to get started with your assessment.

#### PLEASE NOTE:

The results of the screenings will be strictly confidential and neither Woods nor [[Client Name]] will have access to any private health information.