



2023 **[[CLIENT NAME]]** TOBACCO CESSATION PROGRAM

Tobacco Cessation Program Credit

If you are a tobacco user and enrolled in one of the Aetna medical/prescription drug plans, you can complete a Tobacco Cessation program in the first 3 months of the new plan year to qualify for a **\$25 credit per month**. See Human Resources for more details and how to enroll.

What is a “Non-Tobacco User”?

A non-smoker/non-vaper/non-tobacco user is defined as an individual who has not smoked a cigarette, e-cigarette, cigar, e-cigar, pipe, e-pipe, e-hookah, or used tobacco/chew products or electronic smoking devices of any kind in any form in the last 180 days.

How does the Tobacco Cessation Program work?

1. If you are a tobacco user, reach out to Human Resources to notify them you intend to enroll in the Tobacco Cessation program.
2. Enroll in the QuitWell Tobacco Cessation program through HealthyLife.
3. Complete the program prior to 6/1/22 to receive a retroactive credit in your paychecks back to the start of the 2023 – 2024 plan year.

[[Client Name]] pays for the cost of the program for all benefits-eligible employees interested in quitting.

